

# 1-on-1 Resources Summary Sheet

Undoubtedly, Life Groups form the core of what we do in Chi Alpha. We believe that our win is to get students into a vibrant Life Group: vibrant in its devotion to Jesus, vibrant in its community, and vibrant in living out a life of responsibility to love God and people. Life Group leaders serving and discipling their fellow students prepares them for a life of living out the Great Commission. But as most Life Group leaders know, the group experience is often greatly enhanced by the 1-on-1 experience.

## Why do 1-on-1's with people in my Life Group?

- It is impossible to address every relevant need for every member of a Life Group throughout the course of the school year. People are too diverse. 1-on-1's allow specific needs/issues/questions to be addressed.
- Not everyone is ready to be “naked and unashamed” about everything in front of everyone. But they may be willing to be raw with you.
- It is Miracle Grow (for both of you) and is a great opportunity to pray together.
- It is a place to confront and protect. Sometimes group confrontation with group accountability is best, but not always.
- It provides deeper connection and relational intimacy, and it's easier to see who are potential leaders, and can help them see that as well.
- The resources provide tools to facilitate conversations that need to happen, but you are not sure how to start.

## How do I know which resource to use?

Review the resources listed and ask yourself how they are living out that particular resource. If you are unsure, or if you know it would be beneficial, do it.

## How do I use them?

Plan a time to get together. Pick the resource and read it ahead of time. You can invite them to read it ahead of time as well. All resources can be found at [fsuxa.com](http://fsuxa.com) under the Resources tab. Read it together when you meet and discuss the questions.

## Who do I do 1-on-1's with?

Use the adage “Disciple the Faithful, Pastor the Unfaithful” to help guide you and pray. If you have a lot of people in your group, you will need to be selective. You can still do a 1-on-1 with anyone at your Life Group, but you may not do them consistently.

## Remember...

You are not Jesus. You are not their Savior. You are not their counselor. You are their brother or sister in Christ. You are their co-laborer. And you love them enough to spend this time with them.